

STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14



"I learned what a good friend is and how to stay out of trouble."

**Build stronger families
in seven sessions!**



"We now enjoy family time together."



Strengthening Families Program: For Parents and Youth 10-14 can help your family learn to manage emotions, set goals, avoid peer pressure, make better decisions and create better relationships.

You will learn how to show love while setting limits, how to listen to your child and how to help family members show appreciation to each other.

All families have strengths. *This program will help your family become even stronger!*

Orientation Night

Wednesday, January 22 @ 5:45pm

Class Schedule

Every Tuesday from Jan 28th until
March 17th from 6-8pm.

Snacks and Check Begin at 5:30pm

Where:

Hariison Middle School Cafeteria-
810 S 16th St, Sunnyside

REGISTER TODAY!

Call the Sunnyside
United Office at
(509) 837-9629.

Please note: Free childcare will be
provided for children

Sunnyside
United Unidos



SUNNYSIDE
SCHOOL DISTRICT
Learning Today for a Brighter Tomorrow