

# STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14



*"I learned what a good friend is and how to stay out of trouble."*

**Build stronger families  
in seven sessions!**



*"We now enjoy family time together."*



Strengthening Families Program: For Parents and Youth 10-14 can help your family learn to manage emotions, set goals, avoid peer pressure, make better decisions and create better relationships.

You will learn how to show love while setting limits, how to listen to your child and how to help family members show appreciation to each other.

**All families have strengths. *This program will help your family become even stronger!***

## Classes in English and Spanish

**WHEN:** Monday's  
Starting: October 30, 2017  
Ending: December 11, 2017

**TIME:** Snacks: 5:30 PM  
Class: 6:00 PM to 8:00 PM

**WHERE:** Sierra Vista Middle School  
916 N 16th St, Sunnyside

**REGISTER TODAY!**

**Call the Sunnyside  
United Office at  
(509) 837-9629.**

Please note: Free childcare will be provided for children 3-10 years old.



**SUNNYSIDE**  
SCHOOL DISTRICT  
*Learning Today for a Brighter Tomorrow*